

Grace Under Pressure

Grace under pressure describes what it takes to remain calm in moments of urgency, when things were coming apart at the seams. Fight or flight takes hold. Many do the latter; leaders must select the former. Their future, as well as the futures of everyone around them, lies in the balance.

Good leaders do three things:

- **One**, they take care of their people, putting their needs first so they can ensure the organization survives.
- **Two**, they take care of themselves, making certain to be at their best because that's what is demanded of them.
- **Three**, they prepare for the future, thinking and doing what it takes to act for the future.

Leaders do all three steps with a sense of grace – calmly, collectedly and compassionately.



GRACE
LEADING THROUGH
UNDER
CHANGE AND CRISIS
PRESSURE

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